

Shweta Gandhi

Writer. Editor. Proofreader.

Renowned Fashion & Lifestyle Journalist with bylines in *Vogue* & ELLE

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November 29th, 2018



I tried a gemstone facial and my skin has never looked (or felt) better
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November 28th, 2018



The making of Titan Nebula's beautiful watches
By Shweta Gandhi
November 27th, 2018

FASHION

Sustainable synthetics vs cotton: Which is the better choice for the environment?

BY SHWETA GANDHI

16 AUGUST 2019

Considering cotton is known to be a water- and energy-intensive crop, are sustainably-produced synthetic fibres better for the ecosystem? Here's what the experts have to say



FASHION

Designer Anavila Misra reveals the intricate process of weaving a linen sari

BY SHWETA GANDHI
20 AUGUST 2019

Known for her handwoven linen saris, designer Anavila Misra talks to Vogue on working with the weave, how she is modernising it, and the challenges she's faced in doing so



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This sustainable fashion brand features clothes made by Indian prisoners

BY SHWETA GANDHI
9 JULY 2019

Designer Abhishek Dutta's new label Parole is created by both male and female inmates of Kolkata's prisons. Here's everything you need to know about the brand ahead of its launch



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These fashion brands are making a strong move to combat climate change

BY SHWETA GANDHI

4 JULY 2019

While Prada recently announced that it plans to launch virgin nylon by 2021, Burberry is setting emission goals in an attempt to become carbon neutral. Ahead, Vogue lists all the luxury brands that have recently committed to becoming more environmentally conscious

FASHION

Rahul Mishra on how to support and nurture India's handloom industry

BY SHWETA GANDHI

7 AUGUST 2019

Rahul Mishra's 13-year-long journey in the fashion industry has been full of exciting innovations and breakthroughs. Ahead, the designer shares his thoughts and learnings from his work with the Chanderi weave



FASHION

The Indian kids brand Meghan Markle chose for baby Archie's first public appearance

BY SHWETA GANDHI

12 JULY 2019

Duchess of Sussex Meghan Markle's love for feel-good Indian fabrics seems to be a deciding factor in her choice of baby essentials as well



FASHION

Why Chinese fashion needs to be on your radar

BY SHWETA GANDHI

22 JULY 2019

From Bosideng, a brand that's known for its down jackets, to the millennial-friendly Urban Revivo, Vogue looks at the rising Chinese fashion talent that's going big soon



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www.vogue.in/author/Shweta-Gandhi

Did Janhvi Kapoor just pair a milk carton bag with her couture gown?

Is fashion broken? Can we fix it?

ELLE By Shweta Gandhi September 26th, 2018



Once you've proven your mettle as a blue-blooded style connoisseur, you get the license to experiment with fashion the way no one has dared to. Whether it's Janhvi Kapoor's obsession with designer shoes (think: Balenciaga's ugly sneakers, MM6 Maison Margiela's boots) or iconic bags (no less than the Goyard Saint Louis and the Hermès Birkin), it's evident that the young actor is a fashion insider who's not afraid to break a

How I lost 14 kgs in one year and became the fittest version of myself

Everything comes at a price — even your dreams

ELLE By Shweta Gandhi August 14th, 2018



Ever since I can remember, I always saw myself as "fat" — blame it on the mirror, my laziness or the girls who bullied me in school. The fact that I started finding solace in food didn't help either; innumerable packets of Lays chips and countless cans of Coca Cola were unable to make my "fat" thoughts go away. There came

What is reiki healing and how can it help you?

A beginner's guide

ELLE By Shweta Gandhi July 20th, 2018



Reiki is an alternative healing therapy, believed to be discovered in 1922 by a Japanese Buddhist monk, Dr. Mikao Usui. The word "Rei" translates to "universal" and "Ki" means "life force", which is essentially our source of vitality or the life energy that keeps us going. So, when you're stressed out and sick, you're more susceptible to contracting diseases as your life force is low. But when your "ki" is strong and high, you will find yourself in abundance of energy and high spirits that will ensure mental clarity and a feeling of overall well-being.

How to meditate: 8 essential things to know before you start

Meditation is the medication you need

ELLE By Shweta Gandhi June 12th, 2018



The ancient art of meditation is an undeniably effective de-stresser, and celebrities from Aishwarya Rai and Jacqueline Fernandez to Malika Arora and Shilpa Shetty Kundra swear by its mental and physical benefits. Getting started on this journey, however, requires patience and perseverance — and that's where

Everything you CAN'T carry in Off-White's internet-busting transparent suitcase

No. 1: A vibrator

ELLE By Shweta Gandhi June 21st, 2018



This Ayurvedic face cream banished my acne scars and made my skin visibly clearer in 2 weeks

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ELLE By Shweta Gandhi August 1st, 2018



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Senior Digital Copywriter with experience writing for leading Canadian retail brands

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Colour: White

Details

A timeless basic gets a dose of refinement from Patrick Assaraf. This t-shirt is crafted from pima cotton, an exceptionally soft fibre, with added stretch for ultimate comfort. The crisp white hue is contrasted by dark navy stripes along the sleeves.

Style #20068875070

Construction

- Crew neck

Fabric and Materials

- 95% pima cotton, 5% spandex
- White

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Style #20070219015

Construction

- Spread collar
- Two-button placket
- Embroidered patch on chest
- Embroidered '3' patch on right sleeve
- Piqué finish

Fabric and Materials

- 100% cotton
- Neon orange

Style and Measurements

- Slim fit
- Polo Ralph Lauren Custom Slim Fit
- Chest circumference: 40 in
- Measurement is based on size M



Athletic Works Women's Mid-Weight Thermal Top

[Athletic Works](#)

Sizes S-XXL

★★★★★ (4)

\$18

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Colour: Grey



T [Which Size Fits Me?](#)

Size: XL



Quantity:



Description

Make layering a breeze with Athletic Works women's mid-weight thermal top. Composed of polyester and some stretch, it's styled with a crew neckline, princess seams, and long raglan sleeves with thumb holes.

- 88% Polyester, 12% Spandex
- Brushed polyester
- Crew neckline
- Long raglan sleeves
- Princess seams
- Thumb holes



Canadiana Women's Fair Isle Sweater

[Canadiana](#)

Sizes XS-XXL

☆☆☆☆☆ (No Reviews)

\$49.97

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Colour: **Natural**



T [Which Size Fits Me?](#)

Size: S

[S](#) [M](#) [L](#) [XL](#) [XXL](#) [Size Chart](#)

Quantity:

- 1 +

Description

Complete a cold-weather outfit with Canadiana women's Fair Isle sweater. Composed of warm cable knit and jacquard knit, it's styled with a crew neckline, long sleeves, and rib trim at the neckline, cuffs, and hem.

- 61% Acrylic, 25% Recycled Polyester, 11% Nylon, 3% Wool
- Cable knit, jacquard knit
- Crew neckline
- Long sleeves
- Patterned
- Ribbed neckline, cuffs, and hem



George Girls' Long Sleeve Skater Dress

[George](#)

Sizes XS-XL

★★★★★ (4)

\$6

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Colour: Navy



T [Which Size Fits?](#)

Size: M



Quantity:



Description

The prettiest dress of them all, George girls' long sleeve skater dress combines classic comfort with sweet style. Composed of 100% cotton, this fit-and-flare jersey dress is styled with a round neckline, long sleeves, and an all-over print. She can dress it up with glitter ballet flats and a cute cardigan or dress it down with sneakers and a denim jacket.

- 100% Cotton
- Jersey knit
- Round neckline
- Long sleeves
- Fit-and-flare style
- All-over print
- Machine wash cold
- Wash with like colours

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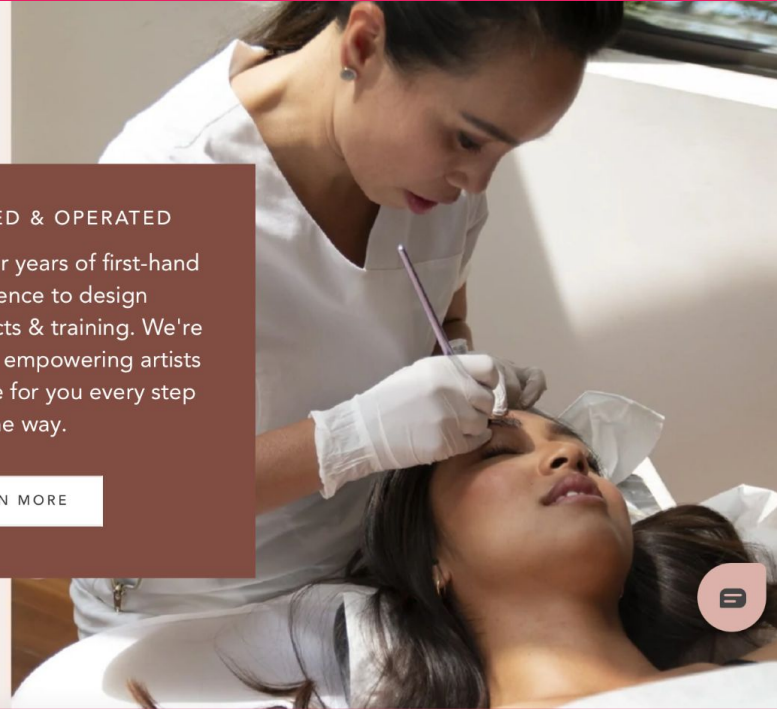
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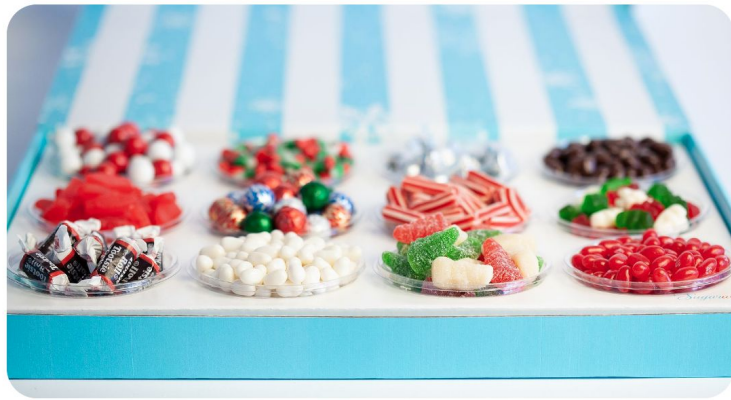
The Krochet Kids' Ollie beanie is made with 100% Polyana Yarn, which requires less water, CO₂, and waste than acrylic! This amazing company also supports communities in Peru and Uganda.



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Culture



Don't Let Your Team Get January Blues



After the excitement and bustle of the Holiday season, it's time to settle back into our old routines – but we all know too well that's easier said than done. 😊

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Week 2: Explore Something New

Challenge your right brain to learn a new craft, or delve deeper to finesse a medium you're well-versed with.



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✓ "I am financially free!"

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✗ "I am not fearful."

✓ "I am brave, courageous, and strong."

3. Be honest

✗ "It is possible for me to achieve my goals."

✓ "I am an achiever and I attain all my goals."

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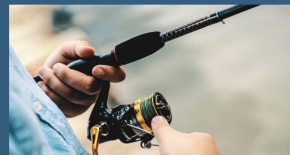


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SHWETA GANDHI

Shweta Gandhi is a fashion and lifestyle journalist based in Toronto. She has covered fashion and sustainability extensively for Vogue India and ELLE India, attending international fashion weeks from the front row.

She has interviewed innumerable designers and celebrities including Maria Grazia Chiuri, Tamara Ralph, Nick Bateman, Kareena Kapoor Khan, Manish Malhotra, Ranveer Singh among others. In her free time, she writes on new-age spirituality on her website svetarotreading.com.



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